

FOUNDATIONS	DESCRIPTION
First Year Seminar	One course designated as a first year seminar.
Written Communication	Three courses designated Writing Intensive.
Oral Communication	One course designated Speaking Intensive.
Language	Intermediate competency in a second language, defined as the completion of any 201 language course . (Other options for satisfying this requirement can be found below this chart.)

METHODS OF INVESTIGATION	DESCRIPTION
Arts and Literature	One course focusing on visual art, performing art, and/or literature.
Humanities	One course in the humanities (including history).
Natural Science	One course in the natural sciences that includes a laboratory.
Quantitative Reasoning	One course focusing on quantitative information.
Social Science	One course in the social sciences.
	Two additional courses from two <u>different</u> Methods of Investigation.

CONNECTIONS	DESCRIPTION
Digital Intensive	One across-the-curriculum course designated Digital Intensive.
Diverse and Global Perspectives	One across-the curriculum course focusing on diverse and/or global communities.
Beyond the Classroom	One faculty supervised experience involving a significant experiential learning component designed to challenge students to go outside of the bounds of the typical classroom.
After Mary Washington	One experience focused on translating the liberal arts experience for life after Mary Washington.

Note: Although not formally part of the general education requirements, you must also complete one course designated Writing Intensive and one course designated Speaking Intensive in your major program(s). These must be courses that count toward the major as either requirements or electives.

Intermediate competency in a second language may be demonstrated by: (1) completion of 201 or higher in a language including ASL; (2) completion of a Level IV course in high school as verified by high school transcript; (3) a score of 620 or higher on any language SAT II subject test; (4) a score of 4 or higher on the AP Latin exam, a score of 3 or higher on any modern language AP Exam, or a score of 3 or higher on any modern Language and Literature AP Exam; (5) a score of 5 or higher on any group 2 (second language) higher-level IB Exam [Additional scores on HL and SL IB exams may also satisfy the requirement. Check the [equivalency chart](#) carefully.]; (6) a passing score on the University of Mary Washington language competency exam; (7) a rating of “Intermediate” on the Sign Communication Proficiency Interview (SCPI); (8) the submission of pertinent documents which verify that a student has had a high school education conducted in a language other than English or has lived extensively in and become fluent in the language of a non-English speaking country; or (9) a rating equivalent to “Intermediate-Low Competency” on the American Council for the Teaching of Foreign Languages (ACTFL) scale on an approved third-party exam. Students are responsible for the payment of all required testing fees.