Good morning Anand,

Thank you so much for coming to speak with the Staff Advisory Council in October! We really loved having you there and we look forward to discussing and arranging opportunities for partnership and growth between SAC and UFC.

Below is a copy of the SAC newsletter. This newsletter is distributed to all Staff Members at the end of each month.

I would love to send these to you in the future so we can each other involved and updated on Staff and Faculty news.

Thanks,
Sarah

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Staff Advisory Council
Newsletter Highlights:

- UMW Excellent Eagle Employee - November!
- Fall Employee Luncheon Award Recipients
- Upcoming SAC November Meeting
- Campus Recreation Small Group Trainings - Custom Yoga and Fitness Fusion

Upcoming Activities and Events:

- One Can Hope Food Drive - donations still being accepted!
- Home Instead Senior Care Santas
- Upcoming SAC Elections!
- Eagle Madness - Tuesday, November 8th, 7:00pm - Rosner Arena
- MyTime FLSA Training Registration is now available. Visit the HR website for information or to ask a question on how changes may impact you.
- Faculty/Staff Mixer - Home Team Grill - Nov. 15 from 4:30-6:30pm
  Do you have suggestions for activities you would like the SAC to sponsor?
  Let us know! Suggestions for SAC Sponsored Activities

Congratulations to Jean Elliott, SAC’s Excellent Eagle Employee for November 2016!

In nominating Jean, her champion, Pam Verbeck, wrote: “I would like to nominate Jean Elliott, Parking Management Supervisor, for the Excellent Eagle award. I received a phone call today from a 66-year old adult full-time student who wanted to let people know how Jean Elliott went above and beyond the call of duty to help her this week. She has a leg injury and was having extreme pain and difficulty trying to get back and forth to her classes from the George Washington lot. On short notice, Jean picked the student up and delivered her to her class, and then made special arrangements for her and added an additional reserved spot close to the student's classes.”

Thank you, Jean, for all the work you do!

Nominate a colleague for being an Excellent Eagle!

If you would like to nominate someone for the Excellent Eagle Employee award, send an
email to eenominations@umw.edu with Excellent Eagle Employee in the Subject Line. Be sure to provide the person's name, department, and work location with the most convenient parking lot, and the reason they should be recognized.

Custom Yoga & Fitness Fusion
Campus Rec Small Group Trainings

If you're interested in a private fitness experience with your peers, beginning a workout routine, starting a regular yoga practice, getting personal attention from a fitness professional, or just want to take your fitness to the next level, then check out Campus Recreation's exciting small group training programs Fitness Fusion and Custom Yoga!

These programs are ones in which you would work with a personal trainer (Fitness Fusion) or a yoga instructor (Custom Yoga) to improve your workout routines, yoga practices, and fitness levels based on your skills and goals within groups of 5 or less. All levels of fitness are welcome!

**Fitness Fusion:** Tuesdays and Thursdays from 12pm-1pm in Goolrick Studio 5

**Custom Yoga:** Mondays and Wednesdays from 12pm-12:45pm in Goolrick Studio 5

**Dates:** 5 Week Session (October 24 - December 5)

**Cost:** $130 for UMW Affiliates/ $150 for Secondary Cardholders & Alumni +1s

For more information and to register, check out the Small Group Training page on the Campus Recreation website!
This year the Staff Advisory Council is partnering with the UMW Buyer Users Group to support Home Instead, a local senior care service provider, for their “Be a Santa for a Senior” program.

Those who have volunteered to participate in this opportunity will be helping to provide items listed on a senior's wish list for the holidays. These items are anything from gift certificates, to books, to even toiletry items.

The UMW Staff Advisory Council is collecting non-perishable food donations through Friday, December 16th. Donations will benefit the Fredericksburg Area Food Bank and 100% of those donations collected between November 6th-11th will benefit the Student Athlete's STOP Hunger Food Drive.

***UPCOMING***

SAC November 2016 Meeting

Guest Speaker: Kevin Bartram, UMW Philharmonic Orchestra Director

Where: Lee Hall Room 412
When: Thursday, November 17th 1:00-3:00pm

Kevin will be coming to discuss all of the exciting events going on in the Music Department this year!

SAC October 2016 Meeting

Guest Speaker: Dr. Anand Rao

Thanks to Dr. Anand Rao for joining the SAC for our October meeting and discussing the new faculty governance structure and outlining some of the issues that the UFC is working on this year. We appreciate hearing our faculty counterpart perspective!

To check out the full SAC Meeting Minutes Click Here!

Upcoming SAC Elections

An email was distributed on October 18th from the Staff Advisory Council for the
upcoming Staff Advisory Council elections. The Staff Advisory Council is an elected body of classified, wage, and administrative staff whose purpose is to promote collaboration and ensure open communication channels throughout all levels of the University.

Would you like to nominate yourself or a fellow colleague? Click on the Take the survey link in that email or in this newsletter and you will be able to make a nomination. Visit SAC's website for more information about the council and for a list of current members. Nominations end Friday October 28th.

Voting will take place on election date, November 8th.

We want a variety of areas of campus represented so please consider running or nominating someone in your area to serve on this council!

Thank you from all SAC members!

Faculty and Staff Mixer

When: Tuesday November 15th
4:30-6:30pm
Where: Home Team Grill

Afterwards, join us for an "Eagle Walk" to the Ron Rosner Arena in the Anderson Center for the Men's basketball game at 7:00pm!

Come out and enjoy the weather with some happy hour priced food and drinks with co-workers and friends! This is a great chance to gather, meet people outside of your area, finally put a face with a name, and network!
Congratulations to those who were nominated and selected for the following awards during the 2016 Fall Employee Luncheon:

**Award Winners:**
- **Barbara Scott** - Visitor Center Attendant, Belmont
- **Julia Coates** - Office Manager, Historic Preservation
- **John Wittenmuth** - Associate VP for Facilities Services

**Nominees:**
- Cartland Berge, Susie Kuliasha, Rose Maddox, Sharon Neville, Michelle Pickham, Amanda Rutstein, Nicole St. John, Leah Tams

Thank you all for your hard work, dedication, and positive attitude. We couldn't do it without you! Visit our website [sac.umwblogs.org](http://sac.umwblogs.org) to read all of the nominations.
CONTACT THE SAC!

Click here to submit comments, questions or issues.

If you wish to remain anonymous on the form, please fill in "Anonymous" for the name and leave out the email address.

If you have ideas and/or concerns, please seek out a Council member and they will bring it to the attention of the full Council.

Keep in mind that, as a public record, information collected on this site may be accessed by others.